

**NEW YORK NORTH (NYN)
DISTRICT 8
Resources for Groups/Members**



AL-ANON DECLARATION

**Let It Begin With Me.
When anyone, anywhere,
reaches out for help - let the hand of
Al-Anon and Alateen always be there, and
Let It Begin With Me.**

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TRUSTED SERVANTS

District Service is very rewarding, and you are not doing it alone! We are a collaborative team striving to do our best to support District 8 groups and be the *hand of Al-Anon and Alateen* for all who reach out for help.

Your *Trusted Servants* for January 1, 2019 through December 31, 2021, are:

District 8 Position or Group	Name	Email Address	Best Phone Number to Call; (518) Area Code, Unless Otherwise Noted
District Representative	Joan L.	dr@al-anon-8ny.org joan_liberty@hotmail.com	518-874-1030 (home) 206-853-2360 (cell)
AA Liaison	OPEN	Joan L. temporary	
Alternate District Representative	OPEN	altdr@al-anon-8ny.org	
Answering Service Coordinator	Sue B.	Suealb7@aol.com	518-621-6548
Archives Coordinator	OPEN		
Institutions Coordinator	Maria S	Sully262@yahoo.com	518-817-6410
Literature Distribution Center	Anne S.	ldc@al-anon-8ny.org	518-322-1373
Public Information Coordinator	Teresa K/ Jennifer S.	info@al-anon-8ny.org	Teresa K – 518 Jennifer – 5182-579-605
Schedule Coordinator	Maria S	sully262@yahoo.com	518-817-6410
Secretary	OPEN	Joan temporary	
Treasurer	Rich H.	Har1281@nycap.rr.com	518-466-3822
Website/Electronic Newsletter Coordinator	OPEN/ K	Kevinm-dist8@outlook.com temporary	

DISTRICT 8 MONTHLY MEETINGS

The District 8 meetings are held on the third Sunday of the month 9 times a year – Jan, Feb, Mar, May, Jun, Jul, Sep, Oct, Nov.. You are welcome to join us in person or by phone. ALL at the table can voice their thoughts, but only GRs will vote. Please join us in person when you can:

Capital District Recovery Center
45 Colvin Ave, 2nd Floor
Albany NY 12206
3:00 PM – 4:30 PM

By phone:

Conference dial-in number: (712) 770-4340
Participant access code: 799474

SERVICE OPPORTUNITIES:

Al-Anon service opportunities offer deeper recovery. *We have learned that by giving it away we get to keep it.* It is honoring those that were there when we needed the *hand of Al-Anon and Alateen* and to be the *hand* for those *who are reaching out for help*.

Answering Service

The answering service is a 24/7 answering service. On-call members respond to voice messages - there are usually between 10-20 calls a month. This takes on average about 1-2 hours a month.

The Answering service taskforce is working on having the answering service call the on-call member when there is a voice message received. This eliminates the need for the on-call member to call in daily to see if there are messages.

You can join the task force and/or to be the on-call member for 30 days. We suggest that there be two members being on call for the month. The Answering Service Coordinator will be glad to help you/your group become a front-line *hand of Al-Anon*.

Literature Orders

The Literature Distribution Center (LDC) is the resource for groups to place orders. It is local and so saves the group shipping charges.

Individuals should be buying their literature from the group or you can order individual items on the [WSO store](#)

Public Information/ Outreach

Getting Al-Anon information to the public is a vital service to the community. We who know the challenges of living with this family disease also know the recovery and hope that can happen by working the program.

There are many different types of outreach. The Public Information/Outreach coordinators will help you understand which opportunity(s) works best for you. Please contact the Public Information/ Outreach Coordinators with any questions you may have.

Website Improvement

The website is an important point of communication with the general public seeking information on Al-Anon/Alateen and the groups and members.

The Website Improvement taskforce is working on making the website more: user friendly, differentiating between those who are potential members, professionals looking for information about Al-Anon and District 8 members looking for group and member resources.

You do not have to be a technical person to serve on this taskforce. Your willingness to ask questions, make suggestions and learn are all the qualifications you need. Please contact the Website/ Electronic Newsletter coordinator.

District Representative Meet & Greet

The new District Representative (DR) will be going to each meeting to introduce herself and to understand how District 8 can more effectively serve the members/groups and to encourage district level service.

If you have ideas for another taskforce that you are willing to lead, please let us know. We will be better for your involvement!

WEBSITE LINKS

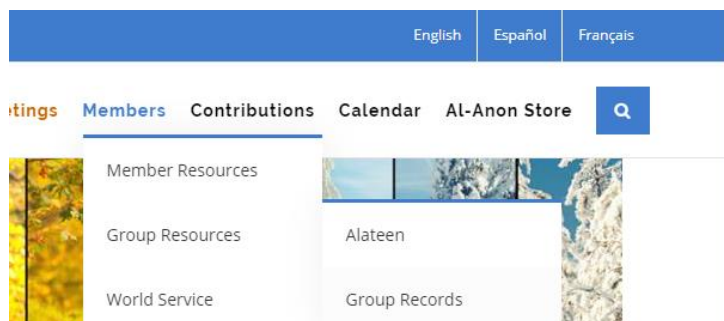
There are many resources for you on the Al-anon Family Group (AFG) websites. Here are the URLs/links:

- New York North District 8 (NYN Dist8) - <http://www.al-anon-8ny.org/>
- New York North Area (NYN) - <http://www.nynafg.com/>
- World Service Office (WSO) - <https://al-anon.org/>

HOW TO UPDATE GROUP RECORDS ON LINE

The WSO website has enable easy online Group registration and updates.

- Click the WSO link - <https://al-anon.org/>
- Click the Members/Group Resources/Group Records



The AFG Records page offers you:

- New Al-Anon Group Registration
- Al-Anon Group Change



The Al-Anon/Alateen group is the basic unit of Al-Anon Family Groups. It is where close personal interchanges take place and applied to specific personal problems. The entire Al-Anon/Alateen fellowship structure exists for the sole purpose of helping people with alcoholism.

Registration with the World Service Office ensures a connection with worldwide Al-Anon. Upon registration, the group can receive quarterly postal and electronic mailings.

[New Al-Anon Group
Registration](#)

[Al-Anon Group Change](#)

- Click on the one you need and follow the instructions!

WHERE TO SEND DONATIONS

The suggested distribution of contributions above the group's prudent reserve is:

Level	Service Arm	Distribution%	Where to send
District	District 8	60%	Pay to the order of: District 8 AFG Rich H P.O. Box 64 Valatie, New York 12184
Area	New York North (NYN)	30%	Pay to the order of: NYN Assembly NYN Area Assembly P.O. Box 2183 Syracuse, NY 13220
World Service	World Service Office (WSO)	10%	Pay to the order of: AFG Inc. AFG Inc. 1600 Corporate Landing Parkway Virginia Beach, VA 23454

Thank you for being an Al-Anon member.
The members are the vital and important purpose of our service.
We are grateful to be of service!

We call you to join us!